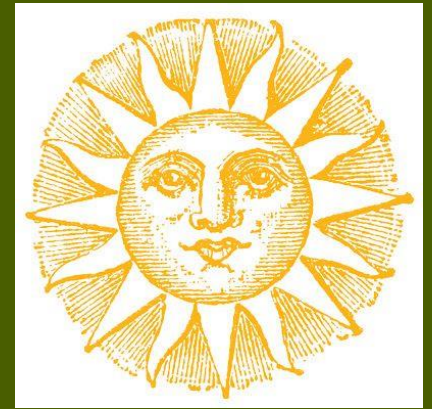



NOVEMBER 2017



Senior Center Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Stained Glass 12:00 Congregate Meals 1:00 Dominoes 1:00 Shuffleboard	2 9:00 FOODSHARE 9:30 Quilting 12:00 Congregate Meals 1:00 Board Games	3 9:00 Zumba Gold 10:30 Senior Swim Monson 12:00 Congregate Meals 1:00 BINGO	4
5 9:00 Zumba Gold 12:00 Congregate Meals 12:15 Health Presentation 1:00 Square Dance 5:00 Doulagivers Seminar Series 7:00 Meditation	6	7 Election Day - Closed VO TE	8 10:00 Arts and Crafts 10:00 Stained Glass 10:00 am Golden Tones Rehearsal 12:00 Congregate Meals 1:00 Senior Association Meeting	9 9:30 Quilting 12:00 Congregate Meals 1:30 Veterans' Day Luncheon	10 Closed in Observance of Veterans Day HONORING Our VETS	11

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16	17	18
	9:00 Zumba Gold 12:00 Congregate Meals 12:30 AARP Safe Driving Course in Community Center 1:00 Square Dance – Sr. Ctr. Great Room	12:00 Congregate Meals 10:30 Stretch and Strength 10:30 Blood Pressure Clinic 10:00 and 1:00 Medicare Presentation 6:00 pm Stained Glass	10:00 Stained Glass 10:00 am Golden Tones Rehearsal 12:00 Congregate Meals 1:00 Dominoes 1:00 Shuffleboard	9:00 YOGA 9:00 FOODSHARE 9:30 Quilting 12:00 Congregate Meals 1:00 Board Games	9:00 Zumba Gold 10:30 Senior Swim Monson 12:00 Congregate Meals 1:00 BINGO	
19	20	21	22	23	24	25
	9:00 Zumba Gold 12:00 Congregate Meals 1:00 Square Dance 7:00 Meditation	10:30 Stretch and Strength 12:00 Congregate Meals 6:00 pm Stained Glass	9:30 Community Bus Trip Walmart/Russos 10:00 Footcare 10:00 am Golden Tones Rehearsal 10:00 Stained Glass 1:00 Dominoes 1:00 Shuffleboard	<p>CLOSED</p> <p>CLOSED</p> 		
26	27	28	29	30		
	9:00 Zumba Gold 12:00 Congregate Meals 1:00 Square Dance	9:30 Sr. Center Board Mtg. 10:30 Stretch and Strength 12:00 Congregate Meals 6:00 pm Stained Glass	12:00 Congregate Meals 10:00 am Golden Tones Rehearsal 10:00 Stained Glass	9:00 YOGA 9:00 FOODSHARE 12:00 Congregate Meals 1:00 Movie Matinee "Elf"		

Note Medical Car rides will be available on November 10 and 24